

11/02/2019

Colchester County High School Weekly Menu

Monday

*Cottage Pie,
Baked Beans*

Or

*Sweet Potato Dahal
Salad
Syrup Sponge Pudding &
Custard*

Tuesday

Lamb Fried Rice

Or

*Vegetable Lasagne
Salad
Blackberry & Apple
Crumble & Custard*

Wednesday

*Burger & Chips
Salad*

Or

*Macaroni Cheese
Peas
Cheesecake*

Thursday

*Sticky Chinese Chicken
Rice/Sweetcorn*

Or

*Mushroom Stroganoff
Rice
Rice Pudding & Jam*

Friday

*Pan Fried Salmon
Sauté Potatoes/Green Beans*

Or

*Quiche
Salad
Chocolate Mousse*