

18/06/2016

## Colchester County High School Weekly Menu

### Monday

*Chilli - con- Carne,  
Rice*

*Or*

*Cheese & Tomato Tart  
Salad*

*Jam Sponge Pudding &  
Custard*

### Tuesday

*Lamb Kebabs*

*Or*

*Vegetable Stir Fry*

*Noodles*

*Devon Apple Cake*

### Wednesday

*Sausages & Chips*

*Beans*

*Or*

*Macaroni Cheese*

*Peas*

*Strawberries & Cream*

### Thursday

*Sticky Chinese Chicken  
Rice/Sweetcorn*

*Or*

*Tiropitakia (cheese Pie)  
Salad*

*Lemon Meringue Pie*

### Friday

*Cod with Pesto*

*Roast Potatoes/Peppers*

*Or*

*Gnocchi Tomato Sauce*

*Salad*

*White Chocolate Mousse*